

HOW TO ORDER:

THE PERSIAN WAY Choose three or four dishes each to taste all the flavours of the east - and add some naan

THE ENGLISH WAY Choose one of the big dishes, with naan and a side dish

FEAST FROM THE EAST Pick two small dishes, one big dish, a side dish and a naan for a complete feast

COLD MAZZA

A colourful selection of Persian dips to get the feast started - eaten with naan

HUMOUS

Chickpea & tahini dip with garlic and lemon

MAAST O KHIYAR

Thick yoghurt with spring onion, cucumber and sultana

BADEMJEAN

Roasted aubergines with lemon, garlic, tahini and spring onion

MIRZA

An aubergine, tomato and lentil dip with garlic topped with yoghurt, served warm

HOT MAZZA

Continue the feast with our delicious hot appetizers

HOT MAZZA PLATTER

Ideal platter for 2 for sharing. Tilapia, aubergine croquette, fried courgettes, leek fritters



£10.00

FALAFEL

Ground chickpeas, with sesame seeds and parsley, served with tahini sauce



£3.95

JOOJEH SULTANI

Minced chicken patties served with lime yoghurt



£5.50

ESFENAJ

Pan fried spinach and chick peas with garlic and onions



£3.95

KUKUYE MAHI

Fresh Soft White fish, coated in a light batter



£4.70

COTTLET

A soft meat croquet made with mince lamb



£4.90

SARPAVARAN

Crispy squid deep-fried in breadcrumbs and sesame seeds



£5.85

KOULUCHE

Feta cheese in light filo pastry



£5.50

LAVASH

Ground lamb wrapped in thin Persian bread



£5.50

DEEPEE [DOLMEHYE PANIR]

Soft aubergine, made with feta cheese and grated parmesan



£5.50

NAAN

A chargrilled flatbread garnished with Persian pickles. Best with cold mazza and khoresh

VILLAGE BREAD

A popular thin Persian flat bread

TAFTOON

A traditional flat bread, an ideal compliment to cold mazza

ZA'ATAR NAAN

Naan topped with herbs and grilled halumi cheese

LAHM NAAN

Naan topped with herbs, ground lamb with added tomato

DISH DASH GRILLED CLASSICS

Classic kebab and grilled dishes to revitalize the body. Large portion kebabs served with spicy potatoes or rice

SHISH KEBAB

Tender chargrilled lamb cubes marinated with onions and lemon



£12.95

KOOBIDEH KEBAB

Ground lamb kebab with paprika, cinnamon and onions



£5.95

JOOJEH KEBAB

Chargrilled chicken kebab marinated in lemon, garlic and yoghurt



£5.75



£11.00

BALLE JOOJEH KEBAB

Chicken wings marinated in lemon juice, onions & saffron



£5.00



MIXED GRILL

A platter of mixed kebab - Balle Joojeh, Koobideh & Joojeh served with jewelled rice



£10.85

BANDARI KEBAB

Mixed fish kebab, marinated in honey, lemon and mint



£6.95

ALBOORZ KEBAB

Halumi with grilled vegetables, marinated in tarragon and olive oil



£6.00

MAYGOO SHIRAZI

Tiger prawns marinated in garlic and olive oil, served with dill rice and cucumber, tomato & onion salad



£13.25

KHORESHT

From the mountains of northern Iran, warms the body & spirit. Large khoreshht served with jewelled rice



£3.75

KHORESHT GHORMESABZI

A fresh herb stew with lamb and red kidney beans. Contains fresh parsley, coriander & chives



£5.50



£10.25



£3.75



£3.95

KHORESHT BAMIEH

This traditional stew is served with okra and chicken, topped with crispy potatoes



£4.95



£9.25



£3.95

KHORESHT LUBIA

A green bean, chickpea and tomato lentil stew



£4.95



£9.00

ACCOMPANIMENTS

Delicious accompaniments to compliment your meal

JEWELLED RICE

Basmati rice

£3.40

COUSCOUS

Infused couscous wrapped in spinach leaves

£4.50

BATTATA HARRA

Spicy fried potatoes

£3.40

GRILLED VEGETABLES

Courgettes, peppers, onions and aubergines

£3.80

CASPIAN SALAD

Cos lettuce, cucumber, tomatoes, feta cheese and sumac dressing

£4.85

TABBOULEH

Chopped mint, parsley, tomato, red onion salad and cracked wheat

£4.40

DOLMEH BADEMJAN

Grilled aubergine stuffed with peppers & fresh herbs, topped with feta cheese

£5.00

DESSER AND CHA'I

Finish your feast with our homemade eastern specialities - platters are available to share. We also serve a range of herbal teas, fresh ground coffees and liqueurs.

ROYAL BANQUET

Enjoy the following feast of sharing foods between four

£19.00/person

COLD AND HOT MAZZA

£2.70

Humous, maast o khiyar, bademjan, kookoo, cottlet, esfenaj served village bread & taftoon

KEBAB AND KHORESHT

£2.70

Koobideh kebab, joojeh kebab, alboorz kebab lubia, khoreshht ghormesabzi, served with jewelled rice and battata harra

£4.75

DESSER - Dessert platter to share amongst friends, in the Persian tradition.

£5.25

Having a Party?

Dish Dash caters to any event at any location, large or small

We can provide all your staffing & equipment needs. You look after the invites and let us take care of the rest.

12.5% discretionary gratuity will be added onto your bill. Some of our dishes contain nuts, please ask if you are unsure

DISH DASH

eat together for the pleasure is in the company

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